

Community Focus Statement B: Develop and improve parks and recreational facilities and services for all ages.

Action Statement B.3: Coordinate with the San Bernardino County Special Districts to identify improvements at MacKay Park, providing a wider range of age-appropriate facilities, including a senior exercise trail and ballfields.

B

Benchmark: Development of a prioritized list of improvements to the park, and promote awareness of this community asset through public outreach and submitted to County Districts for review and potential addition to 5-year Capital Improvement Plan.

Champion: Volunteer group or person or can be identified by the community

Estimated Cost: \$200,000–\$3 million



In an effort for more inclusive workouts that are free and accessible to all, the Trust for Public Land debuted its new wheelchair-accessible Fitness Zone installation at Azalea Park in St. Petersburg, Florida. The Trust for Public Land Fitness Zone installations are free and open to everyone in the community. Photo source: Trust for Public Land

MacKay Park, located on the land behind Mountains Community Hospital and overlooking Lake Arrowhead, was completed in 2013. The park currently features a play structure for children ages 5 to 12, picnic tables, benches, restrooms, and a gazebo. While the park’s remote location makes it a peaceful place to recreate, many residents are unaware of this community resource. Additionally, the Lake Arrowhead communities have expressed a desire to enhance the park with amenities for people of all ages.

Providing parks and open spaces close to home brings community members together and creates opportunities for fun, fitness, and relaxation. To increase utilization, inclusiveness, and awareness of this community asset, MacKay Park could be enhanced by adding a Fitness Zone or exercise trail.

Fitness Zones consist of weather-resistant outdoor fitness equipment stations, providing affordable exercise options for all members of the community. The community or neighborhood could organize park barbecues and fitness classes to increase levels of activity and public safety in the park, while developing a greater sense of community and strengthening relationships between residents. Additional park amenities could include a basketball court, dog park, and chess boards.

The communities should work with the County to understand what, if any, improvements are currently planned for MacKay Park and create a prioritized list of projects for consideration.



Action	Action Leader	Timeline	Resources
1. Hold a meeting to attract volunteers for a Citizens Park Advocacy Group	Champion	Months 1	Lake Arrowhead Community Services District http://www.lakearrowheadcsd.com/
2. Engage with the community to understand priority age-appropriate park improvements and help establish a citizens' advocacy group for the park (e.g., Friends of MacKay Park). Ensure participation by senior park users.	Champion with Lake Arrowhead Community Services District, San Bernardino County Special Districts, with support from community members	Months 1–6	San Bernardino County Parks and Recreation http://www.specialdistricts.org/index.aspx?page=341 Corporate sponsorship guidance http://mrsc.org/Home/Explore-Topics/Parks-and-Recreation/Parks-and-Recreation-Funding/Corporate-Sponsorship-and-Naming-Policies.aspx
3. Promote and support recreational activities, events, and facility improvements for MacKay Park.	Citizen park advocacy group with Lake Arrowhead Community Services District, community	Month 6, On-going	http://mrsc.org/Home/Explore-Topics/Parks-and-Recreation/Parks-and-Recreation-Funding/Corporate-Sponsorship-and-Naming-Policies.aspx
4. Draft and adopt a plan that outlines planned park improvements.	Group with Lake Arrowhead Community Services District, San Bernardino County Special Districts	Months 6–12	Private funding for parks http://www.rff.org/files/sharepoint/WorkImages/Download/RFF-IB-14-01.pdf
5. Reach out to local businesses and organizations about donating or sponsoring the cost of various park facilities.	Group with Lake Arrowhead Community Services District, with support from local businesses and organizations	Months 12–18	Park and recreation grant funding http://www.thegranthelpers.com/municipal-grants/parks---recreation-grants http://www.nrpa.org/Grants-and-Partners/Recreation-and-Health/Coca-Cola-Refreshing-Community-Spaces/
6. Apply for grant funding for park improvements.	Group with Lake Arrowhead Community Services District	Months 12–18	http://www.nrpa.org/Grants-and-Partners/Recreation-and-Health/Coca-Cola-Refreshing-Community-Spaces/
7. Consider Incorporation of proposed park improvements into the 5-year CIP.	San Bernardino County Special Districts	Months 18–60	The Trust for Public Land, All-Access Pass to Exercise http://www.tpl.org/blog/all-access-pass-exercise
8. Install new and/or improved facilities at MacKay Park.	San Bernardino County Special Districts, Lake Arrowhead Community Services District	Months 18–60	NRPA Park Advocate Handbook https://www.nrpa.org/uploadedFiles/Americas_Backyard/park-advocate-handbook-100711.pdf
9. Continue ongoing operation and maintenance of the park.	San Bernardino County Special Districts, Lake Arrowhead Community Services District, with support from community organizations, schools, churches, volunteers	On-going	Adopt-a-bench program http://www.losgatosca.gov/1687/Adopt-A-Bench-Program